



G.V. (Sonny) Montgomery VA Medical Center

to care for him who shall have borne the battle and his widow, and orphan

FOCUSED ON YOU

OCTOBER 2020

Breast Cancer Screening Awareness Month



Get Recommended Screening Tests and Immunizations: Breast Cancer Screening.



Get recommended preventive services, including screening tests. Recommendations for preventive services depend on your age, sex, health status, and family history. Find out which screening tests are recommended for you!

Since the COVID-19 pandemic, elective procedures, including cancer screenings were largely put on hold to prioritize urgent needs and reduce the risk of spreading COVID-19. Talk with your healthcare provider about scheduling your preventive health care needs like screening tests and immunizations.

Cancer Screenings and Other

Preventive Services:

[Recommendations for Men](#)

[Recommendations for Women](#)

[Get Recommended Screening Tests and Immunizations: A Healthy Living Message](#)

Veterans Health Library

<https://www.veteranshealthlibrary.va.gov/>

The Veterans Health Library (VHL) offers Veterans, their families and caregivers 24/7 Internet access to comprehensive, Veteran-focused health information that's consistent with VA clinical practice. Its information, resources, and tools are engaging, "Veteran-friendly" and written in plain language. The VHL helps Veterans understand and manage health problems, make informed health decisions, and actively partner with their health care teams.

Items within the VHL on Breast Cancer Screening and Getting Recommended Screening Tests and Immunizations include:

[Mammography](#)

[Mammogram video](#)

[Preventing cancer](#)

[What is Breast Cancer?](#)

Breast Cancer Screening (Continued)

[Other Resources](#) (you are leaving the Department of Veterans Affairs web page)

On May 9, 2017, VA adopted the American Cancer Society Guidelines.

The American Cancer Society (ACS) [guidelines](#)

- The ACS recommends that women with an average risk of breast cancer should undergo regular screening mammography starting at age 45 years.
- Women aged 45 to 54 years should be screened annually.
- Women 55 years and older should transition to biennial screening or have the opportunity to continue screening annually. Women should have the opportunity to begin annual screening between the ages of 40 and 44 years.
- Women should continue screening mammography as long as their overall health is good and they have a life expectancy of 10 years or longer.

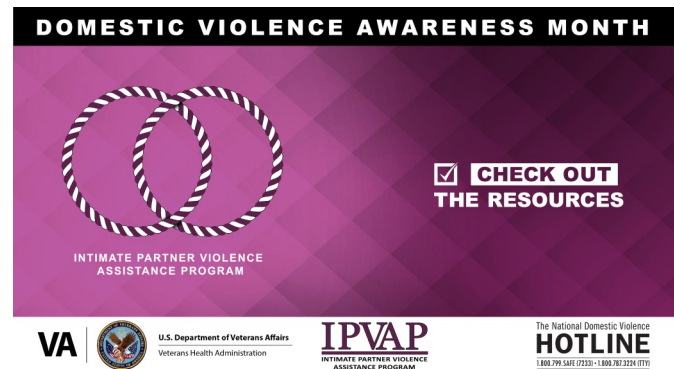
ACS does not recommend clinical breast examination for breast cancer screening among average-risk women at any age.

Domestic Violence Awareness



Afraid no one will understand what you are going through? In the United States, about 1 in 4 women and 1 in 7 men report experiencing intimate partner violence (IPV). Check in with your local VA IPVAP Coordinator (Rose Sanders 601-362-4471, extension 54454) or the National Domestic Violence Hotline 1-800-799-7233.

Learn more by visiting <https://www.socialwork.va.gov/IPV/Index.asp>



National Disability Employment Awareness Month (NDEAM)

NDEAM's roots go back to August 11, 1945, when Congress enacted a law as amended (36 U.S.C. 121) declaring the first week in October each year 'National Employ the Physically Handicapped Week.' In 1962, the word 'physically' was removed to acknowledge the employment needs and contributions of individuals with all types of disabilities. In 1988, Congress expanded the week to a month and changed the name to 'National Disability Employment Awareness Month.' By supporting the aspirations of all Americans who want to work, VA will continue to strengthen our federal workplaces, economy and communities.





2020-2021 Flu Campaign

Veteran-Focused Seasonal Influenza Vaccination Campaign

VA Medical Center in Jackson

Drive Thru – West Entrance Tuesday and Thursday
12:30 – 4:30 p.m. (*September 24 – December 17*)

Drive Thru Saturdays – West Entrance from 7 a.m. – 2 p.m.
(*September 26, October 3 & 7, November 7 & 21*)

**Beginning October 2, 2020 at our
VA Outpatient Clinics**

Columbus Clinic

Flu Clinic – Tuesday and Thursday from 1-4 p.m.
Drive Thru - Friday's from 1:30-4 p.m.
(662) 244-0391 for questions or an appointment

Greenville Clinic

Flu Clinic – Monday through Friday from 9 –11 a.m. & 2-4 p.m.
Drive Thru – Not available
(662) 332-9872 for questions or an appointment

Hattiesburg Clinic

Flu Clinic – Tuesday through Thursday from 1:30 -4 p.m.
Drive Thru - Friday's from 1:30-4 p.m.
(601) 296-3530 for questions or an appointment

Kosciusko Clinic

Flu Clinic – Tuesday and Thursday from 1:30-4 p.m.
Drive up and call – Friday's from 1:30-4 p.m.
(662) 289-2880 for questions or an appointment

McComb Clinic

Flu Clinic – Tuesday and Thursday from 1:30-4 p.m.
Drive Thru – Friday afternoons from 11:30-4 p.m.
(601) 250-0965 for questions or an appointment

Meridian Clinic

Flu Clinic – Tuesday and Thursday from 1:30-4 p.m.
Drive thru - Friday afternoons 1:30-4 p.m.
(601) 482-3275 for questions or an appointment

Natchez Clinic

Flu Clinic – Monday through Friday from 1-3:30 p.m.
Drive Thru – Not available
(601) 442-7141 for questions or an appointment

All Veterans will be offered a Flu Vaccine during their scheduled appointment or as a walk-in

Patient-Centered Care Month

VAHealth



October is Patient-Centered Care Month and this year we have an exciting new product for Veterans— the Live Whole Health app.

VA's new Live Whole Health app was designed to invite all Veterans to consider what matters most to them and then take the next step in personal health planning. The app has easy-to-use features that will help you stay on track and achieve your health and well-being goals. The app is available on both Android and Apple devices. Visit the VA App Store to download the [Live Whole Health app](#) today! Read the latest [Whole Health Feature Story](#) to learn more.

October Calendar—VAMC Jackson, MS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				Drive –thru Flu Shot Clinic 12:30-4:30 p.m. West Entrance		Drive –thru Flu Shot Clinic 7 a.m.—2 p.m. West Entrance
4	5	6	7	8	9	10
	Virtual Veterans Town Hall 3 p.m.	Drive –thru Flu Shot Clinic 12:30-4:30 p.m. West Entrance		Blood Drive 10:30 a.m.—3 p.m. Drive –thru Flu Shot Clinic 12:30-4:30 p.m.		
11	12	13	14	15	16	17
	CLOSED - Columbus Day	Drive –thru Flu Shot Clinic 12:30-4:30 p.m. West Entrance		Drive –thru Flu Shot Clinic 12:30-4:30 p.m. West Entrance		Food Pantry 10 a.m.-1 p.m. West Entrance Drive –thru Flu Shot Clinic 7 a.m.—2 p.m. West Entrance
18	19	20	21	22	23	24
		Drive –thru Flu Shot Clinic 12:30-4:30 p.m. West Entrance		Drive –thru Flu Shot Clinic 12:30-4:30 p.m. West Entrance		
25	26	27	28	29	30	31
		Drive –thru Flu Shot Clinic 12:30-4:30 p.m. West Entrance		Drive –thru Flu Shot Clinic 12:30-4:30 p.m. West Entrance		

The VA Medical Center in Jackson and all of our Community Based VA Outpatient Clinics will be closed on the following dates:

Monday, October 12 – Columbus Day
Thursday, November 26 – Thanksgiving Day

Wednesday, November 11 – Veterans Day
Friday, December 25 – Christmas Day

Visit our [Calendar of Events](#) for more information and updates

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